

**CITY COUNCIL RESOLUTION NO. 19-17**

**RESOLUTION OF THE COUNCIL OF THE CITY OF RICHMOND, CALIFORNIA,  
IN SUPPORT OF SB 300 (MONNING) THE HEALTH WARNING LABEL  
ON SUGAR-SWEETENED BEVERAGES ACT**

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**WHEREAS**, one third of all children and nearly half of African American and Latino children in California will develop type two diabetes during their lifetime; and

**WHEREAS**, the consequences of type-two diabetes include: a shortened lifespan and an increased risk of heart attack, stroke, blindness, kidney disease, and limb amputation; and

**WHEREAS**, type two diabetes is a preventable disease; and

**WHEREAS**, the excess sugar intake from sugar sweetened beverages is one of the main factors driving the type-two diabetes epidemic; and

**WHEREAS**, liquid sugar in the form of sugar-sweetened beverages is far more harmful than consuming the same amount of sugar in food because of the rapid absorption of the sugar; and

**WHEREAS**, consuming one or two sugar-sweetened beverages a day increases one's risk of developing type-two diabetes by 29%; and

**WHEREAS**, more than 50% of Americans drink one or more sugar sweetened beverages per day; and

**WHEREAS**, in California, 29% of 2-5 year olds, 32% of 6-11 year olds, and 65% of 12-17 year olds consume one or more sugar sweetened beverage per day; and

**WHEREAS**, the average medical expense for a diabetic is more than 2 times greater than the expense of someone without diabetes; and

**WHEREAS**, diabetes adds an extra \$1.6 billion yearly to California's hospitalization costs, including \$254 million in Medi-Cal costs; and

**WHEREAS**, in addition to type-two diabetes, consumption of one or more sugar-sweetened beverages a day is associated with an increased risk of dying from a heart attack; and

**WHEREAS**, consumption of sugar sweetened beverages also significantly increases one's risk for obesity; and

**WHEREAS**, 60% of California's adults and 40% of California's children are overweight or obese; and

**WHEREAS**, consumption of sugar-sweetened beverages is a major cause of tooth decay; and

**WHEREAS**, tooth decay is the most common chronic illness of childhood, and results in much pain and suffering and is a major cause of absence from school; and

**WHEREAS**, health experts globally have advocated for efforts to drastically reduce sugar-sweetened beverage consumption in order to curb the epidemics of obesity and type-two diabetes and to prevent dental caries; and

**WHEREAS**, health warning labels have lowered consumption of other harmful products, such as tobacco; and

**WHEREAS**, California Senator William Monning, is introducing SB 300, The Health Warning Label on Sugar-Sweetened Beverages Act; and

**WHEREAS**, SB 300, requires a health-warning label be placed on sugar-sweetened beverages sold in California that contain added sweeteners and 75 calories or more per 12 ounces; and

**WHEREAS**, the Health Warning Label will read: "State of California Safety Warning: Drinking beverages with added sugar(s) contributes to obesity, type 2 diabetes, and tooth decay."

**NOW, THEREFORE, BE IT RESOLVED** that the City Council of Richmond, CA wholeheartedly endorses SB 300 and encourages other governmental bodies throughout the state to do the same.

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I certify that the foregoing resolution was passed and adopted by the Council of the City of Richmond at a regular meeting thereof held March 7, 2017, by the following vote:

AYES: Councilmembers Choi, Martinez, McLaughlin, Myrick, Willis,  
Vice Mayor Beckles, and Mayor Butt.

NOES: None.

ABSTENTIONS: None.

ABSENT: None.

PAMELA CHRISTIAN  
CLERK OF THE CITY OF RICHMOND  
(SEAL)

Approved:

TOM BUTT  
Mayor

Approved as to form:

BRUCE GOODMILLER  
City Attorney

State of California            }  
County of Contra Costa        }        : ss.  
City of Richmond               }

I certify that the foregoing is a true copy of **Resolution No. 19-17**, finally passed and adopted by the City Council of the City of Richmond at a regular meeting held on March 7, 2017.

  
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Pamela Christian, Clerk of the City of Richmond