

starts 2/1/22 (check website for schedule updates)



## Richmond Municipal Natatorium (The Plunge) 1 E. Richmond Ave. 510-620-6820

	Monday 9a-1p/4p-7p	Tuesday CLOSED	Wednesday 10:30a-1p/4p-7p	Thursday CLOSED	Friday 10:30a-1p/4p-7p	Saturday 8a-12p/1-3:30p	Sunday CLOSED
8am						LS, DWW, SWW, MSF	
9am	LS, DWW, SWW, Rec					LS, DWW, SWW, MSF (ends 9:30)	
10am	LS, DWW, SWW, LSpl					LS, DWW, SWW, Rec	
10:30am			LS, DWW, SWW, Rec		LS, DWW, SWW, Rec		
11am	LS, DWW, SWW, Rec					LS, DWW, SWW, Rec	
12pm	LS, DWW, SWW, MSF		LS, DWW, SWW, MSF		LS, DWW, SWW, MSF		
1pm						LS, DWW, Rec	
2pm						LS, DWW, Rec	
3pm							
3:30p							
4pm	LS, DWW, SWW, MSF		LS, DWW, SWW, MSF		LS, DWW, SWW, MSF		
5pm	LS, DWW, SWW, MSF		LS, DWW, SWW, MSF		LS, DWW, SWW, MSF		
6pm	LS, DWW, SWW, MSF		LS, DWW, SWW, MSF		LS, DWW, SWW, MSF		

LS=Lap Swim; DWW= Deep Water Walk; SWW= Shallow Water Walk; Rec= Family Recreation Swim; MSF=Masters/Sailfish;  
LSpl = Little Splashers class

## Richmond Swim Center (RSC) 4300 Cutting Blvd. (enter on S. 45<sup>th</sup>) 510-620-6654

	Monday CLOSED	Tuesday 5-8p	Wednesday 6-9a	Thursday 8a-12p/5-8p	Friday CLOSED	Saturday CLOSED	Sunday 10a-2p
6am			LS, DWW, SWW				
7am			LS, DWW, SWW				
8am			LS, DWW, SWW				
9am				LS, DWW, SWW,			
10am				LS, DWW, SWW, LSpl, Rec (10:30-11:30)			LS, DWW, SWW, Rec
11am				LS, DWW, SWW			LS, DWW, SWW, Rec
12p							LS, DWW, Rec
1pm							LS, DWW, Rec
2pm							
3pm							
4pm							
5pm		LS, DWW, SWW, Rec		LS, DWW, SWW, Rec			
6pm		LS, DWW, SWW, Rec		LS, DWW, SWW, Rec			
7pm		LS, DWW, SWW		LS, DWW, SWW			

LS=Lap Swim; DWW= Deep Water Walking; SWW= Shallow Water Walking; Rec= Family Recreation Swim; LSpl = Little Splashers class; WF= Water Fitness Class; IWF= Independent Water Fitness

**Proof of VACCINATION or negative PCR TEST, and photo ID, is required by all patrons age 12+ to enter the facilities. Mask must always be worn, unless in the pool or shower (including locker room & on the pool deck).**

**Pool Rules** - See posted signs at pool or website for regular pool rules and additional information. *For the safety of our patrons and staff, Lifeguards have the authority to interpret and enforce the rules.*

**Program Notes & Codes:**

- **Lap Swim (LS)** – ages 16 & up; must continuously swim laps. Deep & shallow lanes available for lap swimming.
- **Deep Water Walking (DWW)** - Lanes between 4-7 ft. deep
- **Shallow Water Walking (SWW)** – Lanes between 3-4 ft. deep. Shallow end is not available during weekend afternoon Rec sessions
- **Family Recreation Swim (Rec)** – yellow highlighted times are available for limited capacity Family Recreation Swim in the shallow end. The Saturday and Sunday afternoon sessions will also have deep end space open. All patrons (swimmers and non-swimmers) will need to check-in and pay. 15-person limit for all morning and evening sessions. 50-person limit for all weekend AFTERNOON sessions.
- **Masters/Sailfish (MSF)**–Lanes 1-5 will not be available during these blocks of time when [Richmond Swims](#) Masters and/or Sailfish youth swim teams have their workouts scheduled.
- **Little Splashers (LSp)**- parent-tot class for 6months-5 years. Shallow end. Advanced registration required.

**Shared Pool Equipment:** Use of shared equipment is allowed for adult lap swim and exercise. This includes pool noodles (for exercise only), kickboards, pull buoys, float belts and hand weights. Please return equipment neatly to its location when you are done.

**Email updates:** Please send your full name in an email to [paula\\_cooper-tipton@ci.richmond.ca.us](mailto:paula_cooper-tipton@ci.richmond.ca.us) if would like to opt in to receive occasional email updates about Richmond pools

**Adult:Child ratio and Supervision** - No more than 2 children (8 & under) per adult. Children 8 & under must be supervised and within arms’ reach by the adult at all times. Children 9 & above may have a supervising adult within the facility. No floatation devices are allowed (including water wings, floaty suits, noodles, etc.)

**Additional Pool Rules for COVID-19**

- **Proof of vaccination or negative PCR test (within 3 days) is required by all patrons (12+) to enter the facility.**
- **Always keep masks on, including in the locker room and on the pool deck**
- Locker rooms are open with limited showers available. We ask that you arrive and leave wearing swimsuits, if possible, to avoid crowding in the locker rooms. Please pre-shower prior to arrival.
- Please maintain distancing when not wearing your mask. Try to rest on the opposite wall as other nearby (non-household) swimmers.
- Lower Capacity Limits will be enforced

DROP-IN FEES	Resident	Non-Resident	*Veteran and 65+
Adult drop-in	\$7	\$8.75	
Child drop-in	\$4	\$5	
65+/Veterans drop-in			\$5
Non-swimmer	\$2.50	\$2.50	
SWIM PUNCH PASSES			
Blue (5 visit) pass	\$31.50	\$39.50	\$25
Green (15 visit) pass	\$94.50	\$118.50	\$75
Gold (30 visit) pass	\$189	\$237	\$150
Platinum (45 visit) pass	\$283.50	\$355.50	\$225
Child (10 visit) pass	\$36	\$45	

\*ID required for this discount